

January 2021 Virtual Fitness Calendar

Mon	Tue	Wed	Thu	Fri
			1 Kara Aerobics 10am Happy Hips 11am Robin Yoga 12 pm	2 Marty Osteo 10am Marty Aerobics 11am
4 Robin Yoga 10:30am	5 Move to be Fit 10am Body Grace 11am	6 Marty Osteo 10am Marty Aerobics 11am	7 Kara Aerobics 10am Happy Hips 11am Robin Yoga 12 pm	8 Marty Osteo 10am Marty Aerobics 11am
11 Robin Yoga 10:30am	12 Move to be Fit 10am Body Grace 11am	13 Marty Osteo 10am Marty Aerobics 11am	14 Kara Aerobics 10am Happy Hips 11am Robin Yoga 12 pm	15 Marty Osteo 10am Marty Aerobics 11am
18 Robin Yoga 10:30am	19 Move to be Fit 10am Body Grace 11am	20 Marty Osteo 10am Marty Aerobics 11am	21 Kara Aerobics 10am Happy Hips 11am Robin Yoga 12 pm	22 Marty Osteo 10am Marty Aerobics 11am
25 Robin Yoga 10:30am	26 Move to be Fit 10am Body Grace 11am	27 Marty Osteo 10am Marty Aerobics 11am	28 Kara Aerobics 10am Happy Hips 11am Robin Yoga 12 pm	29 Marty Osteo 10am Marty Aerobics 11am