

November 2020 Virtual Fitness Calendar

Mon	Tue	Wed	Thu	Fri
2 Robin Yoga 10:30am	3 Move to be Fit 10am Body Grace 11am	4	5 Kara Aerobics 10am Happy Hips 11am Robin Yoga 12 pm	6 Marty Osteo 10am Marty Aerobics 11am
9 Robin Yoga 10:30am	10 Move to be Fit 10am Body Grace 11am	11 Marty Osteo 10am Marty Aerobics 11am	12 Kara Aerobics 10am Happy Hips 11am Robin Yoga 12 pm	13 Marty Osteo 10am Marty Aerobics 11am
16 Robin Yoga 10:30am	17 Move to be Fit 10am Body Grace 11am	18 Marty Osteo 10am Marty Aerobics 11am	19 Kara Aerobics 10am Happy Hips 11am Robin Yoga 12 pm	20 Marty Osteo 10am Marty Aerobics 11am
23 Robin Yoga 10:30am	24 Move to be Fit 10am Body Grace 11am	25 Marty Osteo 10am Marty Aerobics 11am	26 <p style="text-align: center;">HAPPY THANKSGIVING</p>	27 Marty Osteo 10am Marty Aerobics 11am
30 Robin Yoga 10:30am				